Activities of Foundation Course: FCI- History as Heritage, FC-II – Women in changing India, FC- III Personality Development & FC- IV Environmental Education

During 2019-20 to 2023-24

Year 2019-20

➤ 5/2/2019: Students from Foundation Course participated in the program organised on World cancer Day and spoke about various types of cancer and how to combat the same.





Visit to kala Ghoda festival 2019 under Foundation Course I: History as Heritage





> Foundation Course students celebrated Saraswati Poojan



Presentations were made by students from Foundation course II Women In Changing India on the occasion of Women's Day, 8th March 2019 on various topics relates women's laws, health, work stress etc.





➤ Presentations were made by students from Foundation course II Women In Changing India on the occasion of world Mental Health Day, in a program on 11/10/2019 on various topics related Mental health and its strategies etc.





Year 2020-21

Created Google Classrooms





Assignments: Foundation Course I: History as Heritage

Indian Cultural Heritage & Unity in Diversity

Assignment Brief:

The students were given an assignment to instill a sense of **pride in Indian cultural heritage** and understand the concept of **unity in diversity**.

Task:

Students were asked to create and present a **PowerPoint Presentation (PPT)** on **Indian Cultural Heritage** through the following themes:

- Languages The diversity of languages spoken across India and their historical significance.
- 2. **Maps** Representation of cultural and historical sites across different states.
- 3. **Art and Craft** Traditional art forms, handicrafts, and their cultural importance.
- 4. **Science and Technology** Contributions of ancient and modern India in the field of science and technology.

The objective was to **enhance awareness** about India's rich heritage and promote **appreciation for its diverse cultural aspects**.

Assignment: Foundation Course II: Women in changing India

Laws for Women & Their Empowerment

Objective: The assignment aimed to make students aware of **various laws and legal provisions** designed to protect and empower women in India.

Task: Students were required to write a comprehensive report on the webinar organized on International Women's Day.

The webinar covered **legal issues and laws related to women**, ensuring they understand their **rights and protections**.

- 1. **Presentation:** Students were asked to create and present a **PowerPoint Presentation (PPT)** titled "Laws for Women".
 - The presentation was to highlight important women-centric laws, such as:
 - Protection of Women from Domestic Violence Act, 2005
 - Dowry Prohibition Act, 1961
 - Sexual Harassment of Women at Workplace Act, 2013
 - Maternity Benefit Act, 1961
 - Women's rights under the Indian Penal Code (IPC)

This assignment encouraged students to gain **practical knowledge** about women's legal rights, fostering **awareness and empowerment**.

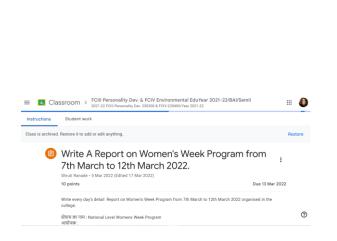
Year 2021-22

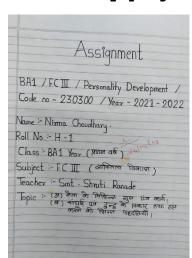
A National level Quiz "Contribution of Women Fighters in Achieving Indian Independence," was held as part of the Amrit Mahotsav of Indian Independence celebrations by Foundation Course Unit in association with Internal Quality Assurance Cell (IQAC) on August 11, 2022. Total number of 30 response were received from all over India.





> Assignment : Report writing on Womens' Day program





Year 2022-23

Assignment given to students of Foundation Course I on Indian Cultural heritage, Ancient Livelihood etc.



> Students from Foundation Course participated in the discussion on Women's Mental Health Issues in a program organised by Psychology Unit on 10th Oct 2022.





15/10/2022: Students participated in Wachan Prerana Diwas



Year 2023-24

> Students were actively engaged in discussions on various topics related to Foundation Course III and IV, covering areas like Personality

Development and Environmental Studies, through Google Classroom set up for each course.



> A workshop on "SELF" for BAI FCII students



- Students from Foundation Course unit participated in the Youth Development program organised by SNDT Women's University from 10 to 12 Aug 2024 at Karjat.
- Students from Foundation Course unit participated in SNDT Yuva Mahotsav at MMP Shah College Matunga and won prizes Essay, Elocution, Debate and Folk dance.
- Students from Foundation Course unit participated in a program organised by Maharashtra Rajya Hindi Sahitya Academy and Hindustani Prachar Sabha on Languages in India.



> Participation in Clean your class drive





> Participation in Talent Show "DDDDDDDDDDD"



> Participation in ____ and Folk dance workshop











